

ABOUT THE HEALTH EDUCATION WORKSHOPS

Premier HealthCare is proud to once again offer a series of free Health Education Workshops designed for service coordinators, residential health care staff and other professionals serving people with intellectual and developmental disabilities (ID/DD) throughout New York City.

People with ID/DD often have complex health care needs. As an experienced provider of medical, medical specialty, dental, rehabilitation and mental health services, the staff of Premier HealthCare understand the importance of coordinated care.

ABOUT PREMIER HEALTHCARE

Premier HealthCare provides expert primary and specialty health care – a comprehensive array of medical, dental, mental health, rehabilitation and support services under one roof, which enables individuals and their families to easily access all the treatment they require.

Cited by both the National Council on Disability and the U.S. Surgeon General as a national model for the provision of health care for people with ID/DD, Premier HealthCare has raised the standard of health care services for children and adults with disabilities.

Premier HealthCare is nationally certified as a Patient Centered Medical Home by the National Committee on Quality Assurance (NCQA).

For more information or to make a referral, call YAI LINK at 212-273-6182.

REGISTRATION

Space is limited, so registration is required by calling **YAI LINK** at **212-273-6182**. You will receive a confirmation of registration by phone, e-mail, or mail, so be sure to leave us your contact information.

For a digital copy of this brochure please visit yai.org/hews

Medicaid Service Coordinators will receive a certificate of attendance to use for training credit.

Premier HealthCare is an innovative medical practice offering a full range of high quality, state-of-the art primary care, medical specialty, dental, rehabilitation and mental health services specifically designed for people with intellectual, developmental, physical and learning disabilities and their families.

Our locations include:

Manhattan

Midtown West
460 W. 34th St.
Entrance at
406 Tenth Ave.
New York, N.Y. 10001
212-273-6515

Bronx

Pelham Bay
3060 E. Tremont Ave.
Bronx, N.Y. 10461
718-239-1790

Queens

Bayside
211-11 Northern Blvd.
Bayside, N.Y. 11361
718-705-1000

Brooklyn

Brooklyn Heights
175 Remsen St.
Brooklyn, N.Y. 11201
718-306-1300

Marine Park

3364 Nostrand Ave.
Brooklyn, N.Y. 11229
718-743-3850

For referrals to health care services or to any of the programs offered throughout the YAI Network, call **YAI LINK** at 1-866-2-YAI-LINK (1-866-292-4546) or 212-273-6182

TDD: 212-290-2787

yai.org



A Member of **YAI** Network

Peter DellaBella, M.D.
Medical Director

Nelson G. Hess, M.A., M.Ed.
Administrator

Kathryn Butvick, R.N., Ph.D.
Nurse Administrator



Stephen E. Freeman, L.C.S.W.
Chief Executive Officer

Thomas A. Dern, L.C.S.W.
Chief Operating Officer

Karen Wegmann, M.B.A.
Chief Financial Officer

Marco R. Damiani, M.A.
Senior Director, Clinical & Family Services

David H. Kaufman, M.D., F.A.A.P.
Medical Director
Center for Specialty Therapy

Kevin Travers, L.C.S.W.
Director, Clinical & Family Services

Evelyn Magdaleno, L.C.S.W.
Assistant Director, Clinical & Family Services



A Member of **YAI** Network

HEALTH EDUCATION WORKSHOPS

For professionals serving people with intellectual and developmental disabilities, including autism, cerebral palsy, neurological impairments, epilepsy, and related conditions.

WINTER 2012



Free
Workshops!

BROOKLYN - MARINE PARK PRACTICE

Monday, January 23, 2012

CHECK-IN: 10:45 a.m.

A. 11 a.m. - 12:30 p.m. HOW ANXIETY AFFECTS THE LIVES OF INDIVIDUALS WITH AUTISM AND TREATMENTS THAT HELP

Charles Cartwright, M.D., Director, YAI Autism Center & Chief, Premier HealthCare Autism Institute

Gain a greater understanding of the patterns of anxiety that impact the lives of individuals with autism spectrum disorders as well as their families. Learn about therapies, strategies and the role of medication. Audience participation will be encouraged.

BRONX - PELHAM BAY PRACTICE

Wednesday, January 25, 2012

CHECK-IN: 9:45 a.m.

B. 10 - 11:30 a.m. CRITICAL ELEMENTS IN COMPREHENSIVE AND ACCURATE PSYCHOLOGICAL EVALUATIONS

Glenn Ellenbogen, Ph.D., Supervisor of Psychological Assessments, YAI Center for Specialty Therapy

Professionals in the field of ID/DD must understand the core components of psychological assessments needed in order to establish eligibility and assemble the most effective array of services for the individuals and families that they serve. We will review the critical elements of various IQ tests and adaptive behavior scales, bilingual assessments, nonverbal assessments, PDD and ADHD diagnoses, and assessments of individuals who are not testable by traditional IQ measures.

CHECK-IN: 11:30 a.m.

C. 11:45 a.m. - 1:15 p.m. PLAY SKILLS AND IMAGINATION IN CHILDREN WITH AUTISM

Jill Krata, Ph.D., Manager of Clinical Services, YAI Autism Center & Associate Chief of the Premier HealthCare Autism Institute

Since play is critical to a child's capacity to understand and relate to the social world, providing opportunities for children with autism to become competent in play is of prime importance. Teaching play in a structured and systematic way gives the child the tools to play independently, and ultimately to interact with peers. This workshop will discuss how play skills and imagination for children with autism can be useful for families in the therapy room or on the playground.

QUEENS - BAYSIDE PRACTICE

Monday, January 30, 2012

CHECK-IN: 10 a.m.

D. 10:15 - 11:45 a.m. "NEEDLES, DRILLS AND BLOOD, OH MY!" DESENSITIZATION TECHNIQUES FOR RESISTANCE TO MEDICAL AND DENTAL PROCEDURES

Chrystalla Orthodoxou, D.D.S., Chief of Dentistry, Premier HealthCare

Abigail Tayamen-Macatangay, OTR/L, Assistant Chief of Rehabilitation Services, Premier HealthCare

Danielle Eckert, M.S., OTR/L, Premier HealthCare

Do the people you serve run away screaming when they see a needle or hear the dentist's drill? A visit to the doctor's office can be especially threatening to individuals with ID/DD and autism spectrum disorders. Hear some tried and true techniques for managing fear of medical, nursing or dental procedures.

CHECK-IN: 11:45 a.m.

E. Noon - 1:30 p.m. PLAY SKILLS AND IMAGINATION IN CHILDREN WITH AUTISM

Jill Krata, Ph.D., Manager of Clinical Services YAI Autism Center & Associate Chief of the Premier HealthCare Autism Institute

Since play is critical to a child's capacity to understand and relate to the social world, providing opportunities for children with autism to become competent in play is of prime importance. Teaching play in a structured and systematic way gives the child the tools to play independently, and ultimately to interact with peers. This workshop will discuss how play skills and imagination for children with autism can be useful for families in the therapy room or on the playground.

MANHATTAN - MIDTOWN WEST PRACTICE

Friday, February 3, 2012

CHECK-IN: 9:15 a.m.

F. 9:30 - 11 a.m. UPCOMING CHANGES IN FUNDING AND PROGRAM DESIGN FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES—WHAT YOU NEED TO KNOW

Marco Damiani, M.A., Senior Director, YAI Clinical and Family Services

The field of developmental disabilities in New York State is at a critical crossroads. Funding mechanisms for services will change dramatically over the next several years. These changes will provide both opportunities and challenges for people with developmental disabilities, their families and the provider community. This session will spell out what we currently know, what we might expect to change, and explore some strategies that may be helpful in navigating these changing times.

BROOKLYN HEIGHTS PRACTICE

Wednesday, February 8, 2012

CHECK-IN: 10:30 a.m.

G. 10:45 a.m. - 12:15 p.m. BEHAVIOR MANAGEMENT 101: PROMPTING AND FADING

Lana Small, M.S.W., Coordinator, YAI Project A.S.S.I.S.T.
Mary Downing, B.A., Senior Supervisor, YAI Project A.S.S.I.S.T.

Waiting for a learner to produce a correct behavior or response on his/her own would make the learning process an extremely long and ineffective one. This presentation will give an introduction on the using and fading of prompts to achieve desired behavioral outcomes.

CHECK-IN: 12:15 p.m.

H. 12:30 - 2 p.m. ABUSE PERPETRATED AGAINST PEOPLE WITH ID/DD: HOW TO IDENTIFY, HOW TO RESPOND, HOW TO HELP

Catherine Jones, L.C.S.W., Senior Supervisor, YAI Crisis Intervention and Sexuality Training Programs, formerly Senior Clinical Supervisor, Victim Services Unit, Brooklyn District Attorney's Office

People with disabilities are abused at alarmingly high rates, and service providers often feel anxious and overwhelmed about how to confront this issue and what to do when confronted with reports of abuse. This workshop will help attendees to understand this issue, provide tools to address the issue, and offer a forum for discussion about how we, as service providers, can best protect individuals with ID/DD from abuse.

MANHATTAN - MIDTOWN WEST PRACTICE

Monday, February 13, 2012

CHECK-IN: 10:45 a.m.

I. 11 a.m. - 12:30 p.m. HOW ANXIETY AFFECTS THE LIVES OF INDIVIDUALS WITH AUTISM AND TREATMENTS THAT HELP

Charles Cartwright, M.D., Director, YAI Autism Center & Chief, Premier HealthCare Autism Institute

Gain a greater understanding of the patterns of anxiety that impact the lives of individuals with autism spectrum disorders as well as their families. Learn about therapies, strategies and the role of medication. Audience participation will be encouraged.

Please see reverse for addresses and instructions to register.