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Revised November 16, 2020 (new material underlined)

**Health Advisory: Revised Protocols for Personnel in Clinical and Direct Care Settings  
to Return to Work Following COVID-19 Exposure or Infection**

This advisory supersedes guidance from the New York State Office for People With Developmental Disabilities (OPWDD) pertaining to the COVID-19 outbreak, entitled “Updated Protocols for Personnel in Clinical and Direct Care Settings to Return to Work Following COVID-19 Exposure or Infection,” released on March 28, 2020. This guidance applies to all facilities and services certified by OPWDD.

- A. Providers may allow clinical and direct support professionals or other facility staff who have **been exposed to a confirmed case of COVID-19**, or who have traveled internationally in the past 14 days, or who have entered New York from a state that is not a contiguous state or from a CDC Level 2 or 3 Travel Health Notice country, to return to work if all of the following conditions are met:
1. Furloughing such personnel would result in staff shortages that would adversely impact operation of the provider.
  2. Personnel who have been in contact with confirmed or suspected cases are **asymptomatic**.
  3. Personnel who are asymptomatic contacts of confirmed or suspected cases should self-monitor twice a day (i.e. temperature, symptoms), and undergo temperature monitoring and symptom checks at the beginning of each shift, and at least every 12 hours during a shift.
  4. Personnel who are asymptomatic contacts of confirmed or suspected cases should wear a facemask while working, until 14 days after the last high-risk exposure.
  5. To the extent possible, direct care professionals and clinical staff working under these conditions should preferentially be assigned to individuals at lower risk for severe complications, as opposed to higher-risk patients (e.g. severely immunocompromised, elderly).
  6. Personnel allowed to return to work under these conditions should maintain self-quarantine when not at work.
  7. At any time, if the personnel who are asymptomatic contacts to a positive case and working under these conditions develop symptoms consistent with COVID-19, they should immediately stop work and isolate at home. All staff with symptoms consistent with COVID-19 should be immediately referred for diagnostic testing for SARS-CoV-2.
- B. All travelers entering New York from a state that is not a contiguous state, or from a CDC Level 2 or 3 Travel Health Notice country, shall quarantine for a period of 14 days consistent with Department of Health regulations, **unless**:

1. For travelers who traveled outside of New York for more than 24 hours, such travelers must obtain testing within 72 hours prior to arrival in New York, **AND**
2. Such travelers must, upon arrival in New York, quarantine according to Department of Health guidelines, for a minimum of three days, measured from time of arrival, and on day 4 may seek a diagnostic test to exit quarantine.

For travelers that meet the criteria above, the traveler may exit quarantine upon receipt of the second negative test result.

Contiguous states are Pennsylvania, New Jersey, Connecticut, Massachusetts and Vermont. Travelers from these states are not subject to this guidance.

Travelers who leave New York State for less than 24 hours do not need to obtain a diagnostic test before departing and do not need to quarantine upon return. However, such travelers must fill out the traveler form upon entry and must obtain a diagnostic test on the fourth day after arrival in New York. A copy of this form can be found at:

<https://coronavirus.health.ny.gov/covid-19-travel-advisory#traveler-health-form>

Providers may locate the guidance document issued by the New York State Department of Health titled "Interim Guidance for Quarantine Restrictions on Travelers Arriving in New York State Following Out of State Travel" at: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

- C. Providers may allow personnel with **confirmed or suspected COVID-19**, whether direct care professionals, clinical staff or other facility staff, to continue to work if all the following conditions are met:
1. To be eligible to return to work, personnel with confirmed or suspected COVID-19 must have maintained isolation for at least 10 days after illness onset, must have been fever-free for at least 72 hours without the use of fever reducing medications, and must have other symptoms improving.
  2. Personnel who are severely immunocompromised as a result of medical conditions or medications should consult with a healthcare provider before returning to work. Providers should consider seeking consultation from an infectious disease expert for these cases.
  3. If a staff member is asymptomatic but tested and found to be positive, they must maintain isolation for at least 10 days after the date of the positive test and, if they develop symptoms during that time, they must maintain isolation for at least 10 days after illness onset and must have been at least 72 hours fever-free without fever reducing medications and with other symptoms improving.
  4. Personnel who are recovering from COVID-19 and return to work after 10 days should wear a facemask while working until symptoms have completely resolved, so long as mild symptoms are improving, if they persist.
  5. In the **rare** instance when a staff member with unique or irreplaceable skills critical to the care of individuals is affected by COVID-19, the healthcare entity may contact OPWDD to discuss alternative measures to allow such staff member to safely return to work before 10 days have elapsed.

***Personnel who are furloughed due to isolation, or because they do not meet the above conditions for returning to work, qualify for paid sick leave benefits, and their employers can provide them with a letter confirming this, which can be used to demonstrate eligibility for the benefit.***

General questions or comments about this advisory can be sent to Susan Prendergast, OPWDD Statewide Director of Nursing Services, at [susan.b.prendergast@opwdd.ny.gov](mailto:susan.b.prendergast@opwdd.ny.gov).