



## SERVICES OFFERED

### Clinical Services

Everything from medical and dental care to rehab to therapy is available at YAI's Premier HealthCare and Center for Specialty Therapy. Premier HealthCare offers primary care and specialty outpatient services to everyone and specializes in supporting people with intellectual and developmental disabilities (I/DD).

### Community & Socialization

YAI provides a variety of recreation opportunities, including day trips, overseas travel, and a signature summertime experience, Mainstreaming at Camp. As learning new skills is essential to fostering greater independence, YAI offers a range of different skills-building opportunities in both one-to-one and group settings, such as lessons on kitchen skills, banking, navigating public transportation, and others to strengthen daily decision-making.



### Crisis & Behavior Support

YAI supports people of all ages experiencing crises. Our programs look holistically at individuals, their families and circles of support, and available community resources to assist people with I/DD and co-occurring mental or behavioral health needs. YAI equips individuals and their circle of support with plans for crisis prevention and intervention, limiting the need for emergency room visits and interactions with law enforcement.

### Day Services

Day programs at YAI offer people with disabilities a ready-made peer community that engages in skills-building, recreation, and volunteer activities in the neighborhood. They also provide easy access to other forms of support and a pathway to pre-vocational and employment training. In addition to several Without Walls programs whose services are integrated within communities, YAI offers traditional day habilitation in New York City, Long Island, and in Westchester and Rockland counties.



## Education

Young people with disabilities grow in confidence and life skills at schools that support their unique learning styles. YAI's two educational affiliates, the International Academy of Hope (iHOPE) and Manhattan Star Academy, share a philosophy that helps students thrive. Individualized curricula, therapy, and collaboration among families, teachers, therapists, and trained paraprofessionals combine to create a learning environment with a distinctive path for every student.



## Employment Support

YAI helps people with intellectual and developmental disabilities thrive and generate a sense of independence and social integration in an increasingly competitive job market. People in YAI's Supported Employment program remain on the job for an average close to eight years, filling roles in retail, healthcare, hospitality, and office services. With skills-building activities that range from volunteer activities to pre-vocational training to on-the-job coaching, Supported Employment helps build careers. YAI's employment program also conducts trainings that encourage employers to hire job seekers with I/DD.

## Family Support

YAI offers services to family members or other caregivers that empower them to deliver quality care with confidence. We offer respite, caregiver education, and behavior management services.



## Residential Services

Driven by the need to move away from massive institutions for people with disabilities, YAI pioneered small-scale supportive housing in the 1950s. What began as an experiment for seven young adults in Brooklyn has become a core part of YAI's portfolio. Today, YAI provides numerous residential options, including houses and supportive apartments across New York City, on Long Island, in Westchester and Rockland, in New Jersey, and in California. YAI homes are warm and secure places where people gain comfort with familiar routines of housekeeping, meal preparation, and group activities. Staffed by direct support professionals, behavioral interventionists, and nurses, YAI's residences also link people to medical and dental care, psychological services, and day programs.

## Technology

Smart technological tools can assist with augmentative and alternative communication (AAC), provide access to information and entertainment, and help people with I/DD realize personal goals. Using a person-centered approach, YAI is finding new ways to introduce technology into our programs, clinics, and schools, so those who receive support can grow more independent. Watch video: [yai.org/technology](https://yai.org/technology)