

COVID -19 - PRECAUTIONARY STEPS FOR CAREGIVERS



Take a look at the medications the person takes and make sure that there is ample medication to get the person through this time.



Take note if the person has any special medical conditions or allergies.



Make sure to keep healthy food options in the house and avoid frequent trips to the grocery store.



If the person lives in a residential home or care facility, keep in touch with the program. Ask about the protocol if there is an outbreak and stay abreast on the conditions of others.

(Information adapted from <https://www.cdc.gov/coronavirus/2019-ncov/index.html>)