

Saying Sorry and Changing

Helping Stop Racism

Using this story

- This story addresses that someone may say something racist inadvertently.
- This story teaches how to recognize if someone is offended.
- This story teaches how to ask if someone is offended and apologize.
- This story teaches that listening is important.
- This story teaches that mistakes are ok and we should learn from them.
- This story is targeted for use with white people who are looking to become better allies.
- This story can be used with any age.

There are many people in the world.



Some people look like me.



Some people do not.



It is ok for people to look different than me because we are all people.



I am a good person, so I treat everyone with kindness and respect in how I act and what I say, no matter what they look like.



By being kind and respectful to people who look different than me, I am making sure I am not a racist.



Sometimes, I make mistakes. I may say or do something that is not nice or respectful. I may even say something that is racist. That is not OK.



Someone may say, "You hurt my feelings."
They may say, "That was not nice."



They may make a sad face, or an angry face.



If they do this, I should say, "I think I did something that made you upset. Can you tell me what it is so I don't do it again?"



Then I need to listen. I should not interrupt while they tell me what they are feeling.



When they are done telling me what I did that hurt them, I should say sorry, I did not know, I won't do it again.



If I make a mistake, I did not do it on purpose.
I can learn from that mistake.



Learning from my mistake is important. Learning shows I care because I do not make the mistake again.



Learning from my mistake makes me a better person.

