



The Birds and the Bees
Sexual Safety Series

WHERE TO GET HELP

Nobody should handle
sexual abuse alone.

If someone you know is in immediate danger, call 911.

- Rape, Abuse & Incest National Network (RAINN)
1-800-656-HOPE (4673)
www.rainn.org
- YWCA's Sexual Assault Response Center
1-800-773-8570
www.ywcade.org
- Sexual Assault Network of Delaware (SAND)
1-800-262-9800
www.contactlifeline.org
- National Children's Alliance
nationalchildrensalliance.org

For more information on sexual health and autism visit
www.asdsexed.org



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ENDING SEXUAL VIOLENCE

Reducing risk and enhancing
self-protection skills.

If someone you know is in immediate danger, call 911.

- Darkness to Light
www.D2L.org
- Stop it Now!
www.stopitnow.org
- Love is Respect
www.loveisrespect.org
- End Abuse of People with
Disabilities
www.endabusepwd.org
- The Arc's Talk About Sexual
Violence
[thearc.org/our-
initiatives/criminal-justice/talk-
about-sexual-violence](http://thearc.org/our-initiatives/criminal-justice/talk-about-sexual-violence)

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SEXUALLY CONCERNING BEHAVIOR

Where to turn for help
and guidance.

If someone you know is in immediate danger, call 911.

Children often explore sexuality in a variety of age appropriate ways. However, sometimes children's sexual behavior is concerning and even problematic. If you need personal guidance, you can call Stop It Now!'s confidential Helpline **1.888.PREVENT**

Additional Resources:

- Raliance's Parent 2 Parent Program
www.raliance.org
- Stop it Now!
www.stopitnow.org
- Association for the Treatment of Sexual Abusers (ATSA)
www.atsa.com
- Center for Sex Offender Management (CSOM)
www.csom.org/index.html

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SEX EDUCATION

How to support healthy
sexual development.

Free Resources:

- The Organization for Autism Research's Sex Ed for Self-Advocates
researchautism.org/sex-ed-guide/
- Sex Positive Families
sexpositivefamilies.com
- Teaching Sexual Health
teachingsexualhealth.ca
- Planned Parenthood Sexual Health Consultations
302-224-8099

Available for Purchase:

- Elevatus Training
www.elevatustraining.com
- The Friendships and Dating Program
www.fdprogram.org
- Diverse City Press
diverse-city.com

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ONLINE SAFETY

Navigating dangers and opportunities.

The Internet is a great resource for learning, connecting, and sharing, but it can also be a place where people are harassed, targeted, and manipulated. These resources can help improve your Internet literacy, monitoring strategies, ability to recognize and respond to unsafe behavior, and family communication.

- That's Not Cool: Safe Relationships Online and Off
www.thatshotcool.com
- Common Sense Media
www.common sense media.org
- Google Safety Center
www.safety.google/families/
- Family Online Safety Institute: Good Digital Parenting
www.fosi.org

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