Hudson Valley Region

Family support
• At-Home Respite
• Community Habilitation through the HCBS Waiver
• Information & Referral

Social life and recreation
• Friday Night Live  
  Friday night social and recreational activities, ages 12-20
• Coffee House  
  Adult socialization program
• Ten Pins Bowling
• Westchester Recreation After Hours Program  
  WRAP

Vocational and Day services
• Center-Based Day Habilitation Programs
• Day Habilitation Without Walls
• Project SEARCH  
  Work internships
  Transition services
• Supported Work and Training  
  Career Life Skills Centers
  Vocational Assessment
  Vocational Benefits Advisement
  Vocational Counseling
• ACHIEVE  
  Tutoring to help improve basic academic skills and support for college-level classwork.
• Social Skills  
  Building Network
• School-to-Work  
  Transition Services  
  *Offered through the Board of Cooperative Educational Services (BOCES)

Residential services
• Supervised Residential Opportunities  
  24 hour
• Supportive Residential Opportunities  
  Less than 24 hours a day
• Individual Support Services  
  ISS
• Community Hab-R
  For people in IRAs

Camping and travel
• MAC Mainstreaming At Camp  
  Meyer W. Nathans
  Camping Services
  Integrated overnight camp
• Leisure Trax
  Supervised vacations
  for adults

OFFICE LOCATIONS

ROCKLAND
New City
345 North Main St  
Second Floor
New City, NY 10956
Tel. 845.358.5700

WESTCHESTER
Elmsford
33 West Main Street  
Elmsford, NY 10523
Tel. 914.592.1648
Day Habilitation  
Day Habilitation Without Walls  
Employment Services
Tel. 914.592.1880

Tarrytown
677 White Plains Road  
Tarrytown, NY 10591
Tel. 914.631.2400
Day Habilitation  
Day Habilitation Without Walls  
WRAP

HEALTH

Health care and therapy services
• Primary health care
• Specialty health care
• Dentistry
• Rehabilitation
• Mental health
• Augmentative and alternative communication

Bronx
Pelham Bay
3060 East Tremont Avenue  
2nd floor
Bronx, NY 10461
Tel. 718.239.1790

Westchester
Tarrytown
677 White Plains Road  
Tarrytown, NY 10591
Tel. 212.273.6272

For Premier HealthCare or  
YAI’s Center for Specialty Therapy
Call 212.273.6272

Additional locations  
throughout New York City.

YAI Seeing beyond disability.