

## Family support

- At-Home Respite
- Community Habilitation through the HCBS Waiver
- Information & Referral

## Social life and recreation

- **Friday Night Live**  
*Friday night social and recreational activities, ages 12-20*
- **Coffee House**  
*Adult socialization program*
- **Ten Pins Bowling**
- **Westchester Recreation After Hours Program**  
*WRAP*

## Vocational and Day services

- **Center-Based Day Habilitation Programs**
- **Day Habilitation Without Walls**
- **Project SEARCH\***  
*Work internships  
Transition services*
- **Supported Work and Training**  
*Career Life Skills Centers  
Vocational Assessment  
Vocational Benefits Advisement  
Vocational Counseling*
- **ACHIEVE**  
*Tutoring to help improve basic academic skills and support for college-level classwork.*
- **Social Skills Building Network**
- **School-to-Work Transition Services\***

*\*Offered through the Board of Cooperative Educational Services (BOCES)*

## Residential services

- **Supervised Residential Opportunities** *24 hour*
- **Supportive Residential Opportunities**  
*Less than 24 hours a day*
- **Individual Support Services**  
*ISS*
- **Community Hab-R**  
*For people in IRAs*

## Camping and travel

- **MAC Mainstreaming At Camp**  
*Meyer W. Nathans  
Camping Services  
Integrated overnight camp*
- **Leisure Trax**  
*Supervised vacations for adults*

## OFFICE LOCATIONS

### ROCKLAND

**New City**  
345 North Main St  
Second Floor  
New City, NY 10956  
Tel. 845.358.5700

### WESTCHESTER

**Elmsford**  
33 West Main Street  
Elmsford, NY 10523  
Tel. 914.592.1648

*Day Habilitation  
Day Habilitation Without Walls  
Employment Services  
Tel. 914.592.1880*

### Tarrytown

677 White Plains Road  
Tarrytown, NY 10591  
Tel. 914.631.2400  
*Day Habilitation  
Day Habilitation Without Walls  
WRAP*

## HEALTH

### Health care and therapy services

- Primary health care
- Specialty health care
- Dentistry
- Rehabilitation
- Mental health
- Augmentative and alternative communication

### Bronx

**Pelham Bay**  
3060 East Tremont Avenue  
2<sup>nd</sup> floor  
Bronx, NY 10461  
Tel. 718.239.1790

### Westchester

**Tarrytown**  
677 White Plains Road  
Tarrytown, NY 10591  
Tel. 212.273.6272

### For Premier HealthCare or YAI's Center for Specialty Therapy

Call 212.273.6272

*Additional locations throughout New York City.*