Founded in 1998, the National Institute for People with Disabilities of New Jersey provides a range of services for people with intellectual and developmental disabilities to help them achieve the fullest life possible by creating opportunities for living, loving, working, and learning. These services include a continuum of residential programs, as well as respite and in-home services for children and adults living at home. NIPD/NJ also offers Support Coordination services in Sussex, Hudson, Union, Essex, Warren, and Somerset counties.

Additionally, NIPD/NJ offers programs for social opportunities and skill development such as the Social Skill Building Network where participants develop the skills vital to success in school, employment, and relationships, as well as the Coffee House, a weekly socialization program.

Family support
- For families of children and adults with disabilities living at home.
  - Information & Referral
  - In-Home Respite
  - Support Coordination
    - Essex, Hudson, Union, Sussex, Warren, and Somerset Counties

Residential services
- Emphasize the opportunity to live as independently as possible and include:
  - Supervised Group Homes
    - Emerson, Garfield, Garfield 2, Lodi, Maywood, Montvale, New Milford, Northvale, Teaneck, and Westwood
  - Supervised or Supportive Apartment Living
    - Westwood

Social life
- Coffee House
- Adult socialization program
- Social Skill Building Network

Camping and travel
- Leisure Trax
  - Supervised vacations for adults
- MAC Mainstreaming At Camp
  - Meyer W. Nathans
  - Camping Services
  - Integrated overnight camp

Camping and travel services are offered through the YAI network.