

# Rockland County Association for People with Disabilities

The Rockland County Association for People with Disabilities, a member of the YAI network, operates programs in Rockland, Orange, Westchester, Dutchess, and Sullivan counties.

Programs are supervised by experienced and professional staff and designed to build life skills, promote self-esteem, as well as provide information and support services to families. RCAPD's goal is to support people with intellectual and developmental disabilities in leading productive, self-sufficient and integrated lives.

## Family support

- Community Habilitation through the HCBS Waiver
- Information & Referral
- Parent Support Group

## Social life and recreation

- After School Program for Individualized Recreation and Education  
*ASPIRE*
- Smart Kids  
*After school program for students K - 6*
- Good Vibrations Plus  
*A social skills program for children, ages 4-10 with autism spectrum disorder.*
- Teen Recreation/  
Friday Night "Rec" I & II  
*Friday night social and recreational activities, ages 12-20*
- Coffee House  
*Adult socialization program*
- Ten Pins Bowling

## Vocational and Day services

- Vocational Services  
*Career Life Skills Centers*
- Project SEARCH\*  
*Work internships  
Transition services*
- Comprehensive Assessment  
*Psychological testing  
Diagnosis of disability/  
Eligibility determination  
Vocational assessment  
Adaptive behavior testing  
Psychoeducational testing*
- ACHIEVE  
*Tutoring to help improve basic academic skills and support for college-level classwork.*
- The Asperger's Skill Building Network
- School-to-Work Transition Services\*
- Day Habilitation Without Walls

\*Offered through the Board of Cooperative Educational Services (BOCES)

## Residential services

- Supervised Residential Opportunities *24 hour*
- Supportive Residential Opportunities  
*Less than 24 hours a day*
- Individual Support Services  
*ISS*

## Camping and travel

- MAC Mainstreaming At Camp Meyer W. Nathans  
Camping Services  
*Integrated overnight camp*
- Leisure Trax  
*Supervised vacations for adults*

*Camping and travel services are offered through the YAI network.*

[yai.org/rcapd](http://yai.org/rcapd)

### New City MAIN OFFICE

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200 Midway Park Drive  
Middletown, NY 10940  
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**For camping and travel**  
Call ►**YAI LINK** 212.273.6182