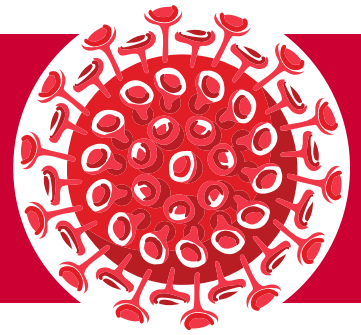


# **WEARING A FACE MASK:**

## **A COVID-19 SOCIAL STORY FOR ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES**



Face masks prevent the spread of COVID-19, a virus that can make people very sick. This social story can help you understand why face masks are important.



**When I go out, I see lots of people wearing masks.**



**Masks help prevent germs from spreading.**



**I wear a mask to keep others healthy and safe from germs.**



**People wear masks to keep me healthy and safe from germs.**



**It is important to wear my mask when I go to the store, the doctor's office, and even when I visit my friends.**



**I want to keep the people I see healthy and safe from germs.**



**I want to keep my friends healthy and safe from germs.**



**I want to keep myself healthy and free from germs.**





**Sometimes masks come in different fabrics so I can choose a pattern I like or make my own.**



**If I get anxious or frustrated when I wear my mask, I can tell someone who supports me.**



**They will help me get to a place where I can safely take a break from wearing my mask.**



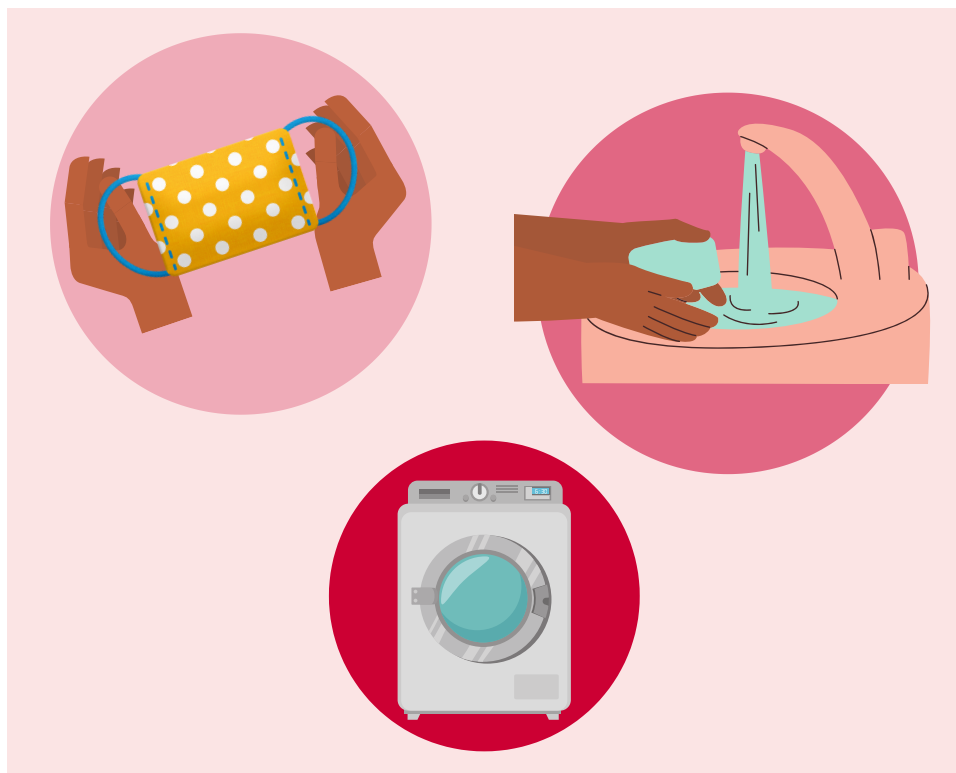
**If I am out, I can go to the car or somewhere else where I am away from people to take my mask off.**



**When I am ready and need to be closer to other people again, it is important to put my mask back on.**



**Sometimes, I may see people without masks. I should try to stay at least 6 feet away from people whether or not they have a mask on.**



**When I get home, I take off my mask, wash my hands, and wash my mask if it is made of cloth.**



**I want to keep everyone healthy and safe from germs.**

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