



## Free Activities to Access from Home During COVID-19

### Zoos, Aquariums, and Parks

- **How to Livestream Aquariums and Zoos From Home**

Information on how to access livestreams and educational opportunities from zoos and aquariums.

[www.nymetroparents.com](http://www.nymetroparents.com)

- **Cincinnati Zoo**

Cincinnati Zoo is doing a Facebook live of the zoo seven days a week. See different animals at the zoo and learn more about them.

[www.facebook.com/cincinnati-zoo](https://www.facebook.com/cincinnati-zoo)

- **Virtual Tours Through National Parks**

Follow rangers on an immersive 360° journey through National Parks.

[www.artsandculture.withgoogle.com/parks](http://www.artsandculture.withgoogle.com/parks)

- **Monterey Bay Aquarium**

Be delighted by the antics of our sea otters or mellow out to the hypnotic drifting of our jellies. Ten live cams to choose from, you can experience the wonder of the ocean no matter where you are.

[www.montereybayaquarium.org](http://www.montereybayaquarium.org)

- **New York City's Virtual Zoos**

Experience the Bronx Zoo, New York Aquarium, Central Park Zoo, Queens Zoo, and Prospect Park Zoo virtually

[www.bronxzoo.com](http://www.bronxzoo.com)

- **Houston Zoo**

Tune into the webcams and enjoy a live look at animals, including gorillas, elephants, giraffes, and more.

[www.houstonzoo.org](http://www.houstonzoo.org)

### Art and Museums

- **Arts & Crafts Projects**

Mommy Poppins created a list of 100 arts & crafts projects to help keep kids entertained.

[www.mommypoppins.com](http://www.mommypoppins.com)

- **Draw with Pixar**

Artists from Pixar demonstrate how to draw favorite Disney-Pixar characters.



[www.youtube.com/DisneyPixar](http://www.youtube.com/DisneyPixar)

- **Just Coloring**

Free printable coloring sheets designed for adults

[www.justcolor.net](http://www.justcolor.net)

- **Google Arts and Culture**

Explore collections from around the globe

[www.artsandculture.google.com](http://www.artsandculture.google.com)

- **Museum Arts Culture Access Consortium**

Offering free at-home learning resources and activities to NYC cultural institutions

[www.macaccess.org](http://www.macaccess.org)

- **Open Culture**

A listing of over 200 free educational resources, video lessons, apps, books, websites and more.

[www.openculture.com](http://www.openculture.com)

## **Books/Reading and Education**

- **YouTube Learn at Home**

YouTube partners with learning creators to bring resources and activities for all ages & areas of interest

[www.learnathome.withyoutube.com](http://www.learnathome.withyoutube.com)

- **Scholastic Story Starter**

Follow prompts to write your own short stories

[www.scholastic.com](http://www.scholastic.com)

- **Brooklyn Public Library**

Free, online programs for all ages including story times, gaming, support groups, and book clubs.

[www.bklynlibrary.org](http://www.bklynlibrary.org)

- **Audible Free Stories**

Instantly stream a free collection of stories, including titles across six different languages.

[www.stories.audible.com](http://www.stories.audible.com)

- **Duolingo**

Free language learning app. Earn points for correct answers, race against the clock, and level up.



[www.duolingo.com](http://www.duolingo.com)

- **Learn to Code**

Free computer science and coding activities for students, parents and educators

[www.girlswhocode.com](http://www.girlswhocode.com)

- **Reading Books to Kids**

Actor Josh Gad (Olaf from Disney's Frozen) Is reading books to kids online every night during Coronavirus quarantine

[www.chipandco.com](http://www.chipandco.com)

- **National Geographic Brain Games**

National Geographic has a page of brain games to help kids learn how the brain works.

[www.kids.nationalgeographic.com](http://www.kids.nationalgeographic.com)

- **Ramapo Catskills Library**

Access books online for free. You don't need a library card to sign up.

[www.rcls.overdrive.com](http://www.rcls.overdrive.com)

- **Do Stuff**

On Do Stuff's Facebook page you can learn new skills and participate in a variety of activities, including arts & crafts projects, workouts, and meditations.

[www.facebook.com/dostuff](https://www.facebook.com/dostuff)

- **Open Culture**

A listing of over 200 free educational resources, video lessons, apps, books, websites and more.

[www.openculture.com](http://www.openculture.com)

## Theater, Films and Music

- **Sprout Short Films**

A playlist of free short films featuring people with Intellectual and Developmental disabilities

[www.sproutflix.org](http://www.sproutflix.org)

- **Metropolitan Opera**

Daily encore presentation from the company's *Live in HD* series is being made available for free streaming.

[www.metopera.org](http://www.metopera.org)

- **The Shows Must Go On- Broadway Musicals**



This YouTube channel is streaming a different Andrew Lloyd Webber musical each week. Each show will be available starting on Friday and will run for just 48 hours.

[www.youtube.com/theshowsmustgoon](http://www.youtube.com/theshowsmustgoon)

- **The Hootenanny**

A YouTube page with live music lessons for children

[www.youtube.com](http://www.youtube.com)

## Games

- You can find a variety of games to play virtually with friends including Words with Friends, Scrabble, Boggle, Uno, and many more by searching online or in your phone's app store.

- **Free Bingo Cards**

Free printable bingo card generator

[www.myfreebingocards.com](http://www.myfreebingocards.com)

- **Chess**

Play online chess games against the computer

[www.chess.com](http://www.chess.com)

- **Gametable**

Free online games including Checkers, Dots and Boxes, and Tic,Tac,Toe

[www.gametable.org](http://www.gametable.org)

- **Brooklyn Public Library**

Free, online chess workshops for children and teens.

[www.bklynlibrary.org](http://www.bklynlibrary.org)

## Cooking

- **America's Test Kitchen**

A special collection of 50 free recipes

[www.americastestkitchen.com](http://www.americastestkitchen.com)

- **Food Network**

Food Network's Cooking with Kids page contains simple, kid-friendly recipes and ideas.

[www.foodnetwork.com/kids](http://www.foodnetwork.com/kids)

- **Food52**



A wide variety of free recipes

[www.food52.com](http://www.food52.com)

- **“Kitchen Quarantine” with Chef Massimo Bottura**

The Michelin star chef is teaching cooking classes on Instagram.

[www.instagram.com/massimobottura](http://www.instagram.com/massimobottura)

- **Brooklyn Public Library**

Free, online cooking classes for teens.

[www.bklynlibrary.org](http://www.bklynlibrary.org)

## Fitness

- **YMCA 360**

Offering a range of free on-demand exercise classes for a limited time.

[www.ymca360.org](http://www.ymca360.org)

- **FitOn App**

Free Quick & Effective Workouts From Celebrity Trainers, such as Cardio, Dance, Yoga, Pilates, Kickboxing, Barre, and more.

[www.fitonapp.com](http://www.fitonapp.com)

- **305 Fitness**

Cardio dance live streams twice a day at 12pm and 6pm (EST) on YouTube.

[www.youtube.com/305Fitness](http://www.youtube.com/305Fitness)

- **Core Power Yoga**

Streaming up to 12 live yoga classes daily

[www.corepoweryogaondemand.com](http://www.corepoweryogaondemand.com)

- **PopSugar Fitness**

Workouts from celebrity trainers and fitness experts across strength, cardio, dance, and yoga

[www.youtube.com/popsugartvfit](http://www.youtube.com/popsugartvfit)

- **Brooklyn Public Library**

Free, online toddler yoga program.

[www.bklynlibrary.org](http://www.bklynlibrary.org)

- **Cosmic Kids Yoga**

YouTube page with yoga videos for children

[www.youtube.com/cosmickids](http://www.youtube.com/cosmickids)

- **Industry Gymnastics**



Free, livestreamed gymnastic classes for children ages 3 months to teens. Class videos can also be viewed anytime on their YouTube page.

[www.industrygymnastics.com](http://www.industrygymnastics.com)